



## ABSTRACT OF THE DISCLOSURE

A combination waist pack is worn comfortably about the waist and unfolds to provide a protective accessory such as a seat cushion, water resistant or insulated barrier to kneel or lay down upon, or other apparel or padded articles providing protection to various parts of a person for use in outdoor sports and recreation. The invention is convertible to a seat or other protective device while unfolded and a warm & protective waistband, hand warmer & padded pack while folded. A user is not required to attach a seat accessory as an addition to the invention nor does he/she have to take up additional space by placing it in a pocket. Therefore, the invention is less bulky even when using thicker materials for padding. The invention is also simpler to utilize than previous inventions. The invention provides seating, padding, & warmth. It is more desirable, more fashionable, more convenient, less noticeable, and more comfortable for sports and leisure. Versions include securing straps, buckles, or other ~~attachment means~~ attachments to attach to sports equipment or vehicles or to wrap protective garments around body. An optional version provides a heat or chemical resistant garment.